Workers compensation claims employee reference guide

UFG INSURANCE

Injured at work? Here's what to do

If you're injured on the job, getting the right care quickly can be critical. Follow the steps below to help ensure you receive the appropriate treatment and support.

STEP 1. SEEK MEDICAL CARE

Life-threating emergency

- Call 9-1-1 immediately
- Notify your supervisor as soon as possible

Non-emergency injury

If your injury is not life-threatening:

- Report the injury to your supervisor right away
- Follow your employer's direction for medical care

You may be directed to:

- Your employer's authorized medical provider, or
- CorVel Advocacy 24/7 Triage Telemedicine for nurse guidance at **844-842-2674**
  - Call **855-810-9199** if you're located in Idaho, Montana, Nevada, New Mexico or Oregon
  - A registered nurse will help determine appropriate next steps
  - **Important**: The triage call is for medical guidance and does not report a claim to UFG

STEP 2. REPORT THE INJURY PROMPTLY

Tell your supervisor about the injury as soon as possible, even if it seems minor.

STEP 3. STAY ENGAGED IN THE PROCESS

- Follow medical advice and attend appointments
- Stay in contact with your employer about your recovery and work status
- Ask questions if anything is unclear
- Your employer and UFG are committed to supporting your recovery

QUESTIONS?

If you have questions about next steps, contact your supervisor or your employer's human resources (HR) representative.

Your health and recovery matter.

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